

# I can apply The Five Step Method to practice my music at home.

- ⇒ Use a SLOW tempo.
- ⇒ Break a large piece of music into smaller chunks.
- ⇒ Isolate difficult areas in your music.
- ⇒ REPETITION is your friend.

## The Five Step Method

- STEP 1      Say the rhythm using syllables.
- STEP 2      Play the rhythm using one note.
- STEP 3      Read the note names.
- STEP 4      Finger the notes on your instrument.
- STEP 5      Play the music as written.

### Optional Steps:

- Clap the rhythm
- Sing or hum the notes
- Count the rhythm using the number system
- Air Finger your part (good when instrument is in the shop for repairs)
- Sing using solfege syllables